



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

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Bierfreund, Heinz-Theo

□□□: 2:34:06

□□: TV Flerke/Welver

□□: 7.40 km/h

□□: 2535

□□□□□□: 790

□□: 19.73 km

□□□□: 30.85

Nordic Walking

□□□□: 243 □