



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

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Hesse, Friedhilde

□□□: 1:09:00

□□: VfK Iserlohn

□□: 6.09 km/h

□□: 7524

□□□□□□: 255

□□: 7.26 km

□□□□: 10.83

Nordic Walking

□□□□: 70 □