



36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

□□□□

Heck, Matthias

□□□: 4:38:23

□□: NAK

□□: 7.76 km/h

□□: 46454

□□□□□□: 816

□□: 36.60 km

□□□□: 48.24

Wandern/ Walking/ Nordic-Walking (W35)

□□□□: 371 □

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□□□	km □□□	km □□	□□	□□□ □□	□□ □□
Schnepfenthal	0	0	07:04	00:00	00:00
Schmidts Wiese	10.4	10.4	08:33	01:29	01:29
Possenröder Kreuz	14.7	4.3	09:02	01:58	00:29
Ebertswiese	18.5	3.8	09:28	02:24	00:26
Neue Ausspanne	21.3	2.8	09:55	02:51	00:26
Neuhöfer Wiese	25.8	4.5	10:30	03:26	00:35
Gustav-Freytag-Stein	33.0	7.2	11:17	04:12	00:46
Grenzdler	36.6	3.6	11:42	04:38	00:25