



36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

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Lasert, Hans-Joachim

□□□: 5:12:22

□□: Niederzimmern

□□: 6.91 km/h

□□: 46415

□□□□□□: 816

□□: 36.60 km

□□□□: 48.24

Wandern/ Walking/ Nordic-Walking (W35)

□□□□: 330 □

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□□□	km □□□	km □□	□□	□□□ □□	□□ □□
Schnepfenthal	0	0	07:03	00:00	00:00
Schmidts Wiese	10.4	10.4	08:27	01:24	01:24
Possenröder Kreuz	14.7	4.3	09:00	01:57	00:33
Ebertswiese	18.5	3.8	09:35	02:32	00:34
Neue Ausspanne	21.3	2.8	10:08	03:05	00:33
Neuhöfer Wiese	25.8	4.5	10:50	03:47	00:41
Gustav-Freytag-Stein	33.0	7.2	11:46	04:43	00:55
Grenzadler	36.6	3.6	12:15	05:12	00:29