



36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

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Heilmann, Gerhard

□□□: 6:33:37

□□: Lage-Lippe

□□: 5.49 km/h

□□: 46053

□□□□□□: 816

□□: 36.60 km

□□□□: 48.24

Wandern/ Walking/ Nordic-Walking (W35)

□□□□: 262 □

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□□□	km □□□	km □□	□□	□□□ □□	□□ □□
Schnepfenthal	0	0	07:01	00:00	00:00
Schmidts Wiese	10.4	10.4	08:47	01:45	01:45
Possenröder Kreuz	14.7	4.3	09:30	02:28	00:43
Ebertswiese	18.5	3.8	10:13	03:11	00:42
Neue Ausspanne	21.3	2.8	10:56	03:55	00:43
Neuhöfer Wiese	25.8	4.5	11:48	04:46	00:51
Gustav-Freytag-Stein	33.0	7.2	12:58	05:56	01:10
Grenzdler	36.6	3.6	13:35	06:33	00:36