



36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

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Thomas, Ilja

□□□: 5:30:49

□□: Fröttstädt

□□: 6.53 km/h

□□: 46346

□□□□□□: 816

□□: 36.60 km

□□□□: 48.24

Wandern/ Walking/ Nordic-Walking (W35)

□□□□: 312 □

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□□□	km □□□	km □□	□□	□□□ □□	□□ □□
Schnepfenthal	0	0	07:01	00:00	00:00
Schmidts Wiese	10.4	10.4	08:29	01:27	01:27
Possenröder Kreuz	14.7	4.3	09:03	02:01	00:34
Ebertswiese	18.5	3.8	09:38	02:37	00:35
Neue Ausspanne	21.3	2.8	10:21	03:19	00:42
Neuhöfer Wiese	25.8	4.5	11:01	04:00	00:40
Gustav-Freytag-Stein	33.0	7.2	12:02	05:00	01:00
Grenzdler	36.6	3.6	12:32	05:30	00:30