



36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

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Seifert, Toralf

□□□: 6:06:32

□□: Saalfeld

□□: 5.89 km/h

□□: 46514

□□□□□□: 816

□□: 36.60 km

□□□□: 48.24

Wandern/ Walking/ Nordic-Walking (W35)

□□□□: 282 □

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□□□	km □□□	km □□	□□	□□□ □□	□□ □□
Schnepfenthal	0	0	07:00	00:00	00:00
Schmidts Wiese	10.4	10.4	08:38	01:38	01:38
Possenröder Kreuz	14.7	4.3	09:17	02:17	00:38
Ebertswiese	18.5	3.8	09:57	02:56	00:39
Neue Ausspanne	21.3	2.8	10:38	03:38	00:41
Neuhöfer Wiese	25.8	4.5	11:25	04:25	00:47
Gustav-Freytag-Stein	33.0	7.2	12:33	05:32	01:07
Grenzdler	36.6	3.6	13:07	06:06	00:33