



36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

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Ziegler, Ralf

□□□: 6:10:40

□□: ESV LOK Eisenach

□□: 5.83 km/h

□□: 46008

□□□□□□: 816

□□: 36.60 km

□□□□: 48.24

Wandern/ Walking/ Nordic-Walking (W35)

□□□□: 278 □

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□□□	km □□□	km □□	□□	□□□ □□	□□ □□
Schnepfenthal	0	0	07:00	00:00	00:00
Schmidts Wiese	10.4	10.4	08:40	01:39	01:39
Possenröder Kreuz	14.7	4.3	09:19	02:18	00:39
Ebertswiese	18.5	3.8	10:08	03:07	00:49
Neue Ausspanne	21.3	2.8	10:48	03:47	00:40
Neuhöfer Wiese	25.8	4.5	11:36	04:35	00:47
Gustav-Freytag-Stein	33.0	7.2	12:38	05:38	01:02
Grenzdler	36.6	3.6	13:11	06:10	00:32