



36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

□□□□

Laing, Ralf

□□□: 5:38:04

□□: Bergfreunde Luis Trinker

□□: 6.39 km/h

□□: 46594

□□□□□□: 816

□□: 36.60 km

□□□□: 48.24

Wandern/ Walking/ Nordic-Walking (W35)

□□□□: 305 □

□□□□

| □□□ | km □□□ | km □□ | □□ | □□□ □□ | □□ □□ |
|----------------------|--------|-------|-------|--------|-------|
| Schnepfenthal | 0 | 0 | 07:41 | 00:00 | 00:00 |
| Schmidts Wiese | 10.4 | 10.4 | 09:19 | 01:37 | 01:37 |
| Possenröder Kreuz | 14.7 | 4.3 | 09:57 | 02:15 | 00:38 |
| Ebertswiese | 18.5 | 3.8 | 10:34 | 02:53 | 00:37 |
| Neue Ausspanne | 21.3 | 2.8 | 11:13 | 03:32 | 00:39 |
| Neuhöfer Wiese | 25.8 | 4.5 | 11:54 | 04:13 | 00:41 |
| Gustav-Freytag-Stein | 33.0 | 7.2 | 12:50 | 05:08 | 00:55 |
| Grenzadler | 36.6 | 3.6 | 13:19 | 05:38 | 00:29 |