



# 36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

□□□□

**Laing, Ralf**

□□□: 5:38:04

□□: Bergfreunde Luis Trinker

□□: 6.39 km/h

□□: 46594

□□□□□□: 816

□□: 36.60 km

□□□□: 48.24

Wandern/ Walking/ Nordic-Walking (W35)

□□□□: 305 □

□□□□

□□□	km □□□	km □□	□□	□□□ □□	□□ □□
Schnepfenthal	0	0	07:41	00:00	00:00
Schmidts Wiese	10.4	10.4	09:19	01:37	01:37
Possenröder Kreuz	14.7	4.3	09:57	02:15	00:38
Ebertswiese	18.5	3.8	10:34	02:53	00:37
Neue Ausspanne	21.3	2.8	11:13	03:32	00:39
Neuhöfer Wiese	25.8	4.5	11:54	04:13	00:41
Gustav-Freytag-Stein	33.0	7.2	12:50	05:08	00:55
Grenzdler	36.6	3.6	13:19	05:38	00:29