



36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

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Nagel, Ulli

□□□: 5:16:27

□□: BSG FSV Waldheim

□□: 6.83 km/h

□□: 46288

□□□□□□: 816

□□: 36.60 km

□□□□: 48.24

Wandern/ Walking/ Nordic-Walking (W35)

□□□□: 326 □

□□□□

| □□□ | km □□□ | km □□ | □□ | □□□ □□ | □□ □□ |
|----------------------|--------|-------|-------|--------|-------|
| Schnepfenthal | 0 | 0 | 07:11 | 00:00 | 00:00 |
| Schmidts Wiese | 10.4 | 10.4 | 08:31 | 01:20 | 01:20 |
| Possenröder Kreuz | 14.7 | 4.3 | 09:04 | 01:52 | 00:32 |
| Ebertswiese | 18.5 | 3.8 | 09:37 | 02:26 | 00:33 |
| Neue Ausspanne | 21.3 | 2.8 | 10:12 | 03:00 | 00:34 |
| Neuhöfer Wiese | 25.8 | 4.5 | 10:56 | 03:45 | 00:44 |
| Gustav-Freytag-Stein | 33.0 | 7.2 | 11:56 | 04:44 | 00:59 |
| Grenzadler | 36.6 | 3.6 | 12:27 | 05:16 | 00:31 |