



36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

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Miedtank, Adelheid

□□□: 8:03:32

□□: BSG FSV Waldheim

□□: 4.47 km/h

□□: 46289

□□□□□□: 816

□□: 36.60 km

□□□□: 48.24

Wandern/ Walking/ Nordic-Walking (W35)

□□□□: 213 □

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□□□	km □□□	km □□	□□	□□□ □□	□□ □□
Schnepfenthal	0	0	07:08	00:00	00:00
Schmidts Wiese	10.4	10.4	09:35	02:26	02:26
Possenröder Kreuz	14.7	4.3	10:26	03:17	00:50
Ebertswiese	18.5	3.8	11:13	04:04	00:47
Neue Ausspanne	21.3	2.8	12:10	05:01	00:57
Neuhöfer Wiese	25.8	4.5	13:12	06:03	01:01
Gustav-Freytag-Stein	33.0	7.2	14:32	07:24	01:20
Grenzdler	36.6	3.6	15:12	08:03	00:39