



Horizontale "Rund um Jena" 2008

Jena / 23.05.2008-24.05.2008

□□□□

Aepfler, Silke

□□: Jena

□□: 1001

□□: 35.50 km

35 km Sportwanderung

□□□: 7:08:27

□□: 4.90 km/h

□□□□□□: 500

□□□□: 42.50

□□□□: 213 □

□□□□

| □□□ | km □□□ | km □□ | □□ | □□□ □□ | □□ □□ |
|----------------------|--------|-------|-------|--------|-------|
| □□ | 0 | 0 | 07:33 | 00:00 | 00:00 |
| Pösen | 10.0 | 10.0 | 09:27 | 01:54 | 01:54 |
| Ammerbach/ Festwiese | 19.9 | 9.9 | 11:16 | 03:43 | 01:49 |
| Landgrafen | 32.7 | 12.8 | 14:11 | 06:38 | 02:54 |
| USZ | 35.5 | 2.8 | 14:41 | 07:08 | 00:30 |