

14. Hainichlauf, 2. Wildkatzenlauf 2008 Mihla / 31.05.2008



Schweigert, Uwe

□□: Bosch
□□: 423

□□: 21.10 km Halbmarathon

Männer M45

□□□: 1:57:46

□□: 10.70 km/h

□□□: 5:35 min/km

_____: 65 (of 85)

____/_: 64 (of 75)

[][][]: 1:16:58

□□□□: 15(of 20)

____: 1:26:32

	km		min/km	-	-			km		min/km	-	-		
Kontrolle	11.20	1:00:41	5:25	12	13:54	57	17:39	11.20	1:00:41	5:25	6	5:02	30	5:54
	9.90	57:05	5:45	14	17:20	62	17:22	21.10	1:57:46	5:34	15	31:14	64	40:48