



1. Zossener Heidewalk
Zossen, OT Schöneiche / 31.05.2008

□□□□

Gast, Wolfgang

□□□: 2:00:11

□□: Dynamic Fitness World

□□: 4.99 km/h

□□: 22

□□□□□□: 88

□□: 10.06 km

□□□□: 11.32

10 km Walking/ Nordic Walking

□□□□: 57 □

□□□□

| □□□ | km □□□ | km □□ | □□ | □□□ □□ | □□ □□ |
|-----|--------|-------|-------|--------|-------|
| □□ | 0 | 0 | 10:47 | 00:00 | 00:00 |
| km | 6.0 | 6.0 | 11:51 | 01:03 | 01:03 |
| □□ | 10.1 | 4.1 | 12:47 | 02:00 | 00:56 |