



1. Zossener Heidewalk
Zossen, OT Schöneiche / 31.05.2008

□□□□

Lindemann, Ronny

□□□: 2:05:50

□□: Ketzin

□□: 7.15 km/h

□□: 24

□□□□□□: 119

□□: 15.65 km

□□□□: 16.79

15,5 km Walking/ Nordic Walking

□□□□: 130 □

□□□□

□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	10:47	00:00	00:00
km	6.0	6.0	11:30	00:42	00:42
km	11.5	5.5	12:16	01:29	00:46
□□	15.7	4.2	12:53	02:05	00:36