



1. Zossener Heidewalk
Zossen, OT Schöneiche / 31.05.2008

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Assmann, Markus

□□□: 2:30:17

□□: Bayreuth

□□: 7.98 km/h

□□: 30

□□□□□□: 154

□□: 20.94 km

□□□□: 22.31

21 km Walking/ Nordic Walking

□□□□: 194 □

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□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	10:47	00:00	00:00
km	6.0	6.0	11:32	00:45	00:45
km	11.5	5.5	12:15	01:28	00:43
km	14.9	3.4	12:41	01:54	00:25
□□	20.9	5.0	13:17	02:30	00:36