



1. Zossener Heidewalk  
Zossen, OT Schöneiche / 31.05.2008

□□□□

Schmidt, Günter

□□□: 2:50:23

□□: GMRV Berlin

□□: 7.04 km/h

□□: 8

□□□□□□: 154

□□: 20.94 km

□□□□: 22.31

21 km Walking/ Nordic Walking

□□□□: 171 □

□□□□

| □□□ | km □□□ | km □□ | □□    | □□□ □□ | □□ □□ |
|-----|--------|-------|-------|--------|-------|
| □□  | 0      | 0     | 10:47 | 00:00  | 00:00 |
| km  | 6.0    | 6.0   | 11:33 | 00:46  | 00:46 |
| km  | 11.5   | 5.5   | 12:16 | 01:29  | 00:43 |
| km  | 14.9   | 3.4   | 12:43 | 01:55  | 00:26 |
| □□  | 20.9   | 5.0   | 13:37 | 02:50  | 00:54 |