



1. Zossener Heidewalk
Zossen, OT Schöneiche / 31.05.2008

□□□□

Seim, Matthias

□□□: 3:04:56

□□: Team Erdinger Alkoholfrei

□□: 6.49 km/h

□□: 1

□□□□□□: 154

□□: 20.94 km

□□□□: 22.31

21 km Walking/ Nordic Walking

□□□□: 158 □

□□□□

| □□□ | km □□□ | km □□ | □□ | □□□ □□ | □□ □□ |
|-----|--------|-------|-------|--------|-------|
| □□ | 0 | 0 | 10:47 | 00:00 | 00:00 |
| km | 6.0 | 6.0 | 11:34 | 00:47 | 00:47 |
| km | 11.5 | 5.5 | 12:29 | 01:41 | 00:54 |
| km | 14.9 | 3.4 | 12:56 | 02:09 | 00:27 |
| □□ | 20.9 | 5.0 | 13:52 | 03:04 | 00:55 |