



1. Zossener Heidewalk
Zossen, OT Schöneiche / 31.05.2008

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Frey, Peter

□□: SK-Fitness HU/OF

□□: 7

□□: 20.94 km

21 km Walking/ Nordic Walking

□□□: 3:04:49

□□: 6.49 km/h

□□□□□□: 154

□□□□: 22.31

□□□□: 158 □

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□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	10:47	00:00	00:00
km	6.0	6.0	11:40	00:53	00:53
km	11.5	5.5	12:31	01:44	00:51
km	14.9	3.4	13:04	02:17	00:33
□□	20.9	5.0	13:52	03:04	00:47