



1. Zossener Heidewalk
Zossen, OT Schöneiche / 31.05.2008

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Zeise, Volkard

□□□: 3:33:05

□□: Ludwigsfelder SV

□□: 5.63 km/h

□□: 67

□□□□□□: 154

□□: 20.94 km

□□□□: 22.31

21 km Walking/ Nordic Walking

□□□□: 137 □

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□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	10:47	00:00	00:00
km	6.0	6.0	11:39	00:52	00:52
km	11.5	5.5	12:29	01:41	00:49
km	14.9	3.4	12:59	02:12	00:30
□□	20.9	5.0	14:20	03:33	01:20