



1. Zossener Heidewalk
Zossen, OT Schöneiche / 31.05.2008

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Stavrou, Agapi

□□□: 3:42:27

□□: Nippon Berlin

□□: 5.39 km/h

□□: 14

□□□□□□: 154

□□: 20.94 km

□□□□: 22.31

21 km Walking/ Nordic Walking

□□□□: 131 □

□□□□

□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	10:47	00:00	00:00
km	6.0	6.0	11:43	00:55	00:55
km	11.5	5.5	12:43	01:56	01:00
km	14.9	3.4	13:15	02:28	00:32
□□	20.9	5.0	14:29	03:42	01:14