



1. Zossener Heidewalk  
Zossen, OT Schöneiche / 31.05.2008

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Lüdeking, Susanne

□□□: 3:38:10

□□: Falkensee

□□: 5.50 km/h

□□: 59

□□□□□□: 154

□□: 20.94 km

□□□□: 22.31

21 km Walking/ Nordic Walking

□□□□: 134 □

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□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	10:47	00:00	00:00
km	6.0	6.0	11:44	00:56	00:56
km	11.5	5.5	12:38	01:50	00:54
km	14.9	3.4	13:12	02:25	00:34
□□	20.9	5.0	14:25	03:38	01:12