



1. Zossener Heidewalk
Zossen, OT Schöneiche / 31.05.2008

□□□□

Murray, Annie

□□□: 3:47:37

□□: Dynamic Fitness World

□□: 5.27 km/h

□□: 23

□□□□□□: 154

□□: 20.94 km

□□□□: 22.31

21 km Walking/ Nordic Walking

□□□□: 128 □

□□□□

| □□□ | km □□□ | km □□ | □□ | □□□ □□ | □□ □□ |
|-----|--------|-------|-------|--------|-------|
| □□ | 0 | 0 | 10:47 | 00:00 | 00:00 |
| km | 6.0 | 6.0 | 11:46 | 00:58 | 00:58 |
| km | 11.5 | 5.5 | 12:51 | 02:04 | 01:05 |
| km | 14.9 | 3.4 | 13:28 | 02:40 | 00:36 |
| □□ | 20.9 | 5.0 | 14:35 | 03:47 | 01:06 |