



# 6. Unnaer Walking-Day

Unna / 15.06.2008

□□□□

Parschau, Brunhild

□□: TV Unna 1861 e.V.

□□: 1083

□□: 10.00 km

10 km-Strecke Nordic Walking

□□□: 1:22:41

□□: 7.26 km/h

□□□□□□: 112

□□□□: 11.68

□□□□: 85 □

□□□□

□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	10:03	00:00	00:00
Kontrolle	5.3	5.3	10:47	00:44	00:44
□□	10.0	4.7	11:26	01:22	00:38