



6. Unnaer Walking-Day

Unna / 15.06.2008

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Sauer, Tanja

□□□: 1:56:57

□□: LG Halver-Schalksmühle

□□: 8.72 km/h

□□: 785

□□□□□□: 187

□□: 17.00 km

□□□□: 19.81

17 km-Strecke Nordic Walking

□□□□: 173 □

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□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	09:30	00:00	00:00
Kontrolle	5.3	5.3	10:08	00:38	00:38
Kontrolle	12.3	7.0	10:52	01:22	00:43
□□	17.0	4.7	11:27	01:56	00:34