



6. Unnaer Walking-Day

Unna / 15.06.2008

□□□□

Quast, Angelika

□□□: 1:28:32

□□: Unna

□□: 6.78 km/h

□□: 1085

□□□□□□: 112

□□: 10.00 km

□□□□: 11.68

10 km-Strecke Nordic Walking

□□□□: 79 □

□□□□

□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	10:03	00:00	00:00
Kontrolle	5.3	5.3	10:51	00:48	00:48
□□	10.0	4.7	11:31	01:28	00:40