



6. Unnaer Walking-Day

Unna / 15.06.2008

□□□□

Huesecken, Thomas

□□□: 2:04:52

□□: VDNOWAS Hohenlimburg

□□: 8.17 km/h

□□: 769

□□□□□□: 187

□□: 17.00 km

□□□□: 19.81

17 km-Strecke Nordic Walking

□□□□: 162 □

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□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	09:30	00:00	00:00
Kontrolle	5.3	5.3	10:13	00:43	00:43
Kontrolle	12.3	7.0	10:59	01:29	00:46
□□	17.0	4.7	11:35	02:04	00:35