



6. Unnaer Walking-Day

Unna / 15.06.2008

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Küpper, Gustav

□□□: 2:08:56

□□: Distel-Walker

□□: 7.91 km/h

□□: 558

□□□□□□: 187

□□: 17.00 km

□□□□: 19.81

17 km-Strecke Nordic Walking

□□□□: 157 □

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□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	09:30	00:00	00:00
Kontrolle	5.3	5.3	10:12	00:42	00:42
Kontrolle	12.3	7.0	11:01	01:30	00:48
□□	17.0	4.7	11:39	02:08	00:38