



6. Unnaer Walking-Day

Unna / 15.06.2008

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Vogeler, Rolf

□□□: 2:13:48

□□: EscarGOts Bochum

□□: 7.62 km/h

□□: 837

□□□□□□: 187

□□: 17.00 km

□□□□: 19.81

17 km-Strecke Nordic Walking

□□□□: 151 □

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□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	09:30	00:00	00:00
Kontrolle	5.3	5.3	10:15	00:45	00:45
Kontrolle	12.3	7.0	11:05	01:35	00:50
□□	17.0	4.7	11:44	02:13	00:38