



6. Unnaer Walking-Day

Unna / 15.06.2008

□□□□

, Unbekannt

□□: 0

□□□□□□: 187

□□: 17.00 km

17 km-Strecke Nordic Walking

□□□□

| □□□ | km □□□ | km □□ | □□ | □□□ □□ | □□ □□ |
|-----------|--------|-------|-------|--------|-------|
| □□ | 0 | 0 | 09:30 | 00:00 | 00:00 |
| Kontrolle | 5.3 | 5.3 | 10:17 | 00:47 | 00:47 |
| Kontrolle | 12.3 | 7.0 | 11:09 | 01:39 | 00:52 |
| □□ | 17.0 | 4.7 | 11:50 | 02:20 | 00:40 |