



6. Unnaer Walking-Day

Unna / 15.06.2008

□□□□

schweng, gisela

□□□: 2:20:36

□□: WT-Soest

□□: 7.25 km/h

□□: 818

□□□□□□: 187

□□: 17.00 km

□□□□: 19.81

17 km-Strecke Nordic Walking

□□□□: 144 □

□□□□

□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	09:30	00:00	00:00
Kontrolle	5.3	5.3	10:18	00:47	00:47
Kontrolle	12.3	7.0	11:11	01:41	00:53
□□	17.0	4.7	11:51	02:20	00:39