



# 6. Unnaer Walking-Day

Unna / 15.06.2008

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**Mendyka, Elke**

□□□: 2:22:03

□□: Distel-Walker

□□: 7.18 km/h

□□: 839

□□□□□□: 187

□□: 17.00 km

□□□□: 19.81

17 km-Strecke Walking

□□□□: 142 □

□□□□

| □□□       | km □□□ | km □□ | □□    | □□□ □□ | □□ □□ |
|-----------|--------|-------|-------|--------|-------|
| □□        | 0      | 0     | 09:30 | 00:00  | 00:00 |
| Kontrolle | 5.3    | 5.3   | 10:17 | 00:47  | 00:47 |
| Kontrolle | 12.3   | 7.0   | 11:10 | 01:39  | 00:52 |
| □□        | 17.0   | 4.7   | 11:52 | 02:22  | 00:42 |