



# 6. Unnaer Walking-Day

Unna / 15.06.2008

□□□□

## Schannath, Irmgard

□□: Walking Treff Möhnesee

□□: 1112

□□: 10.00 km

10 km-Strecke Walking

□□□: 1:19:22

□□: 7.56 km/h

□□□□□□: 112

□□□□: 11.68

□□□□: 88 □

□□□□

□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	09:59	00:00	00:00
Kontrolle	5.3	5.3	10:41	00:42	00:42
□□	10.0	4.7	11:18	01:19	00:37