



4. LSF Walking-Day Münster  
Münster / 21.06.2008

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Kochskämper, Siegfried

□□: Beckum

□□: 953

□□: 15.00 km

15 km Nordic Walking

□□□: 1:57:37

□□: 7.65 km/h

□□□□: 15.00

□□□□: 115 □