



□□: 412 □□: 10.88 km/h □□□: 5:31 min/km

	km		min/km	-	-			km		min/km	-	-		
Ruhlaer Skihütte	24.00	2:07:26	5:18	13	22:03	15	22:03	24.00	2:07:26	5:18	10		3	
Floh-Seligenthal	26.40	2:36:06	5:54	22	38:44	30	38:44	50.40	4:43:32	5:37	10	8:04	3	
Finsterbergen	24.00	2:11:53	5:29	15	23:34	20	29:23	74.40	6:55:25	5:35	10	7:25	3	
Fröttstätt	25.60	2:15:52	5:18	11	23:14	14	23:14	100.00	9:11:17	5:30	18	1:29:42	23	1:29:42

Timing by SPORTident