



Laufen-aktuell.de 50

□□: 9.70 km/h

□□: 203 □□□□: 6:11 min/km

☐: 100.00 km

Staffel 2x50 km

☐☐: 8 (of 16)
☐☐: 8:33:55

 Image: 1.5 mix staffel
 Image: 3 (of 5)

 Image: 2.5 mix staffel
 Image: 3 (of 5)

 Image: 3 (of 5)
 Image: 3 (of 5)

 Image: 4 (of 5)
 Image: 4 (of 5)
 <

	km		min/km	-	-			km		min/km	-	-		
Floh-Seligenthal	50.40	5:18:11	6:18	4	22:24	8	50:31	50.40	5:18:11	6:18	3	22:24	8	50:31
Fröttstätt	49.60	5:00:28	6:03	2	53:03	8	54:13	100.00	10:18:39	6:11	3	1:15:27	8	1:44:44