



2. ThüringenULTRA
Fröttstädt / 05.07.2008

0000

Kösling, Holger

00: 100MC

00: 106

00: 100.00 km

Thüringen Ultra

0000:

Männer M50

000: 14:05:56

00: 7.09 km/h

0000: 8:28 min/km

00000/000: 117 (of 141)

00000/0: 102 (of 121)

000000: 8:44:09

00000: 20(of 25)

0000000: 10:19:21

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Ruhlaer Skihütte	24.00	3:03:00	7:37	20	50:25	104	1:03:26	24.00	3:03:00	7:37	7	16:04	102	1:03:26
Floh-Seligenthal	26.40	3:22:25	7:40	21	44:06	96	1:10:53	50.40	6:25:25	7:38	7	29:14	102	2:14:19
Finsterbergen	24.00	3:40:18	9:10	22	1:06:57	102	1:25:32	74.40	10:05:43	8:08	7	45:57	101	3:39:51
Fröttstädt	25.60	4:00:13	9:23	20	1:23:38	99	1:41:56	100.00	14:05:56	8:27	20	3:46:35	103	5:21:47