



XXII. Ohra-Talsperrenlauf - Nordic Walking

Luisenthal / 27.07.2008

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Koch, Verena

□□□: 3:23:44

□□: Nordic Walking Team Luisenthal

□□: 6.18 km/h

□□: 193

□□□□□□: 1007

□□: 21.23 km

□□□□: 36.11

Walking/Nordic-Walking

□□□□: 227 □

□□□□

□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	08:59	00:00	00:00
Kulissenfelsen	5.0	5.0	09:44	00:44	00:44
Finsterbacher Pirschhaus	15.2	10.2	10:35	01:35	00:50
Talsperre	32.8	17.6	11:47	02:47	01:11
□□	21.2	3.7	12:23	03:23	00:36