



XXII. Ohra-Talsperrenlauf - Nordic Walking

Luisenthal / 27.07.2008

□□□□

Rößler, Manfred

□□□: 3:11:35

□□: Ort: Erfurt

□□: 6.58 km/h

□□: 184

□□□□□□: 1007

□□: 21.23 km

□□□□: 36.11

Walking/Nordic-Walking

□□□□: 242 □

□□□□

□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	08:59	00:00	00:00
Kulissenfelsen	5.0	5.0	09:44	00:44	00:44
Finsterbacher Pirschhaus	15.2	10.2	10:33	01:33	00:49
Talsperre	32.8	17.6	11:39	02:39	01:05
□□	21.2	3.7	12:11	03:11	00:32