



XXII. Ohra-Talsperrenlauf - Nordic Walking

Luisenthal / 27.07.2008

□□□□

Illing, Michael

□□□: 3:00:55

□□: Nordic Walking Team Luisenthal

□□: 4.97 km/h

□□: 153

□□□□□□: 780

□□: 15.10 km

□□□□: 26.70

Walking/Nordic-Walking

□□□□: 134 □

□□□□

□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	09:32	00:00	00:00
Kulissenfelsen	5.0	5.0	10:23	00:51	00:51
Finsterbacher Pirschhaus	10.2	5.2	11:26	01:54	01:03
□□	15.1	4.9	12:33	03:00	01:06