



# XXII. Ohra-Talsperrenlauf - Nordic Walking

Luisenthal / 27.07.2008

□□□□

Menge, Ute

□□□: 3:31:42

□□: Nordic Walking Team Luisenthal

□□: 5.95 km/h

□□: 185

□□□□□□: 1007

□□: 21.23 km

□□□□: 36.11

Walking/Nordic-Walking

□□□□: 219 □

□□□□

□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	08:59	00:00	00:00
Kulissenfelsen	5.0	5.0	09:48	00:48	00:48
Finsterbacher Pirschhaus	15.2	10.2	10:42	01:42	00:54
Talsperre	32.8	17.6	11:54	02:54	01:11
□□	21.2	3.7	12:31	03:31	00:36