



XXII. Ohra-Talsperrenlauf - Nordic Walking

Luisenthal / 27.07.2008

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Hermann, Manfred

□□□: 3:39:46

□□: BodyFit-2000

□□: 5.80 km/h

□□: 135

□□□□□□: 1007

□□: 21.23 km

□□□□: 36.11

Walking/Nordic-Walking

□□□□: 211 □

□□□□

□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	08:59	00:00	00:00
Kulissenfelsen	5.0	5.0	09:43	00:43	00:43
Finsterbacher Pirschhaus	15.2	10.2	10:36	01:36	00:52
Talsperre	32.8	17.6	11:58	02:58	01:21
□□	21.2	3.7	12:39	03:39	00:41