



XXII. Ohra-Talsperrenlauf - Nordic Walking

Luisenthal / 27.07.2008

□□□□

Lehmann, Gabriele

□□□: 3:43:50

□□: Nordic Walking Team Luisenthal

□□: 5.63 km/h

□□: 177

□□□□□□: 1007

□□: 21.23 km

□□□□: 36.11

Walking/Nordic-Walking

□□□□: 207 □

□□□□

□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	08:59	00:00	00:00
Kulissenfelsen	5.0	5.0	09:47	00:47	00:47
Finsterbacher Pirschhaus	15.2	10.2	10:45	01:45	00:58
Talsperre	32.8	17.6	12:04	03:04	01:19
□□	21.2	3.7	12:43	03:43	00:39