



XXII. Ohra-Talsperrenlauf - Nordic Walking

Luisenthal / 27.07.2008

□□□□

Menz, Gerlind

□□□: 3:41:50

□□: Nordic Walking Team Luisenthal

□□: 5.68 km/h

□□: 173

□□□□□□: 1007

□□: 21.23 km

□□□□: 36.11

Walking/Nordic-Walking

□□□□: 209 □

□□□□

□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	08:59	00:00	00:00
Kulissenfelsen	5.0	5.0	09:47	00:47	00:47
Finsterbacher Pirschhaus	15.2	10.2	10:44	01:44	00:56
Talsperre	32.8	17.6	12:01	03:01	01:17
□□	21.2	3.7	12:41	03:41	00:39