



XXII. Ohra-Talsperrenlauf - Nordic Walking

Luisenthal / 27.07.2008

□□□□

Herrmann, Ina

□□□: 3:41:50

□□: Nordic Walking Team Luisenthal

□□: 5.74 km/h

□□: 174

□□□□□□: 1007

□□: 21.23 km

□□□□: 36.11

Walking/Nordic-Walking

□□□□: 209 □

□□□□

| □□□ | km □□□ | km □□ | □□ | □□□ □□ | □□ □□ |
|--------------------------|--------|-------|-------|--------|-------|
| □□ | 0 | 0 | 08:59 | 00:00 | 00:00 |
| Kulissenfelsen | 5.0 | 5.0 | 09:47 | 00:47 | 00:47 |
| Finsterbacher Pirschhaus | 15.2 | 10.2 | 10:44 | 01:44 | 00:56 |
| Talsperre | 32.8 | 17.6 | 12:01 | 03:02 | 01:17 |
| □□ | 21.2 | 3.7 | 12:41 | 03:41 | 00:39 |