



□□□□

Oberdiek, Uwe

□□: www.runandbike4help.de

□□: 642

□□: 22.10 km

Hauptrennen

□□□□:

Senioren I

□□□: 1:48:00

□□: 12.28 km/h

□□□□□/□□□: 73 (of 87)

□□□□□/□: 67 (of 77)

□□□□□□: 1:03:56

□□□□□: 18(of 21)

□□□□□□□: 1:05:53

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| □□□    | □□   | □□    | □□    | □□ | □□    | □□ | □□    | □□□   | □□□     | □□□   | □□ | □□    | □□ | □□      |
|--------|------|-------|-------|----|-------|----|-------|-------|---------|-------|----|-------|----|---------|
|        | km   | □□    | km/h  | -  | -     | □  | □     | km    | □□      | km/h  | -  | -     | □  | □       |
| □□ 1   | 2.00 | 8:16  | 14.52 | 16 | 2:41  | 62 | 3:30  | 2.00  | 8:16    | 14.52 | 5  | 1:02  | 29 | 1:37    |
| □□ 2   | 6.70 | 30:39 | 13.12 | 16 | 9:31  | 58 | 11:25 | 8.70  | 38:55   | 13.41 | 5  | 7:41  | 27 | 7:13    |
| □□ 3   | 6.70 | 36:57 | 10.88 | 15 | 15:00 | 47 | 17:12 | 15.40 | 1:15:52 | 12.18 | 13 | 26:46 | 19 | 16:13   |
| □□□ □□ | 6.70 | 32:08 | 12.51 | 16 | 9:55  | 55 | 31:54 | 22.10 | 1:48:00 | 12.28 | 18 | 42:07 | 68 | 1:07:33 |