



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

□□□□

Reuter, Frauke

□□□: 4:14:22

□□: Erfurt

□□: 9.91 km/h

□□: 934

□□□□: 5:53 min/km

□□: 42.22 km

□□□□□/□□□: 16 (of 40)

Marathon

□□□□□/□: 2 (of 7)

□□□□□□: 4:00:31

□□□□:

□□□□□: 1(of 1)

Frauen W30

□□□□□□□: 4:14:22

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□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|--------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Staumauer | 5.70 | 1:29:20 | 15:40 | 1 | - | 1 | - | 5.70 | 1:29:20 | 15:40 | 1 | - | - | 2 | - |
| Weißer Stein | 11.00 | 59:59 | 5:27 | 1 | - | 5 | 51:53 | 16.70 | 2:29:19 | 8:56 | 1 | - | - | 2 | 1:58 |
| Durchlauf | 4.90 | 27:46 | 5:39 | 1 | - | 2 | 0:20 | 21.60 | 2:57:05 | 8:11 | 1 | - | - | 6 | 2:18 |
| □□□ | - | fehlt! | - | - | - | - | - | 21.60 | - | - | - | - | - | - | - |
| □□□ | - | 43:08 | - | 1 | - | 1 | - | 21.60 | 3:40:13 | - | 1 | - | - | 1 | - |
| Ziel Lauf | 11.00 | 34:09 | 3:06 | 1 | - | 2 | 0:11 | 42.22 | 4:14:22 | 6:01 | 1 | - | - | 2 | 13:51 |