



# 5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

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**Braun, Andreas**

□□□: 5:09:14

□□: LT Bernd Hübner Berlin

□□: 8.19 km/h

□□: 733

□□□□: 7:10 min/km

□□: 42.22 km

□□□□□/□□□: 33 (of 40)

Marathon

□□□□□/□: 27 (of 33)

□□□□□□: 3:20:49

□□□□:

□□□□□: 4(of 4)

Männer M55

□□□□□□□: 4:36:29

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| □□□          | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|--------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Staumauer    | 5.70     | 1:34:50  | 16:38        | 3       | 3:21    | 25      | 1:09:49 | 5.70  | 1:34:50   | 16:38     | 4             | 3:21    | 6       | 3:13    |         |
| Weißer Stein | 11.00    | 12:52    | 1:10         | 3       | 8:25    | 4       | 8:25    | 16.70 | 1:47:42   | 6:26      | 4             | 11:46   | 6       |         |         |
| Durchlauf    | 4.90     | 1:37:12  | 19:50        | 4       | 1:05:26 | 26      | 1:14:03 | 21.60 | 3:24:54   | 9:29      | 3             | 9:24    | 6       | 47:05   |         |
| □□□          | -        | fehlt!   | -            | -       | -       | -       | -       | 21.60 | -         | -         | -             | -       | -       | -       |         |
| □□□          | -        | 1:06:27  | -            | 2       | 15:39   | 9       | 28:08   | 21.60 | 4:31:21   | -         | 1             | -       | 8       | 1:20:24 |         |
| Ziel Lauf    | 11.00    | 37:53    | 3:26         | 1       | -       | 8       | 13:05   | 42.22 | 5:09:14   | 7:19      | 4             | 32:45   | 29      | 3:20:59 |         |