



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

□□□□

Helm, Ute

□□□: 3:26:50

□□: Crawinkel

□□: 6.27 km/h

□□: 399

□□□□□□: 436

□□: 21.60 km

□□□□: 27.54

Halbmarathon

□□□□: 176 □

□□□□

| □□□ | km □□□ | km □□ | □□ | □□□ □□ | □□ □□ |
|------------|--------|-------|-------|--------|-------|
| Start NoWa | 0 | 0 | 10:13 | 00:00 | 00:00 |
| Staumauer | 5.7 | 5.7 | 12:05 | 01:52 | 01:52 |
| Ziel NoWa | 21.6 | 4.9 | 13:40 | 03:26 | 01:34 |