



# 6. Thüringer Nordic Walking Tag

Vesser / 04.10.2008

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**Bierau, Astrid**

□□□: 2:47:13

□□: Immelborn

□□: 6.10 km/h

□□: 517

□□: 17.50 km

□□□□: 17.00

Halbmarathon

□□□□: 154 □